

**BOARD OF HEALTH MEETING
WORK SESSION MEETING MINUTES
THURSDAY, FEBRUARY 7, 2013**

Ms. Carol Hertenstein, President of the Board of Health called the Board of Health meeting to order at 7:00 p.m. in the second floor west wing conference room.

Ms. Hertenstein led the Pledge of Allegiance.

Members in attendance: Carol Hertenstein, RN, David Klopp, DVM, Steven Clarke, DC, Michael Sparozic, R.PH, Marilyn Taylor, RN, Brian Scanlan, Township Committee Liaison

Staff in attendance: Angela Musella, Health Officer, Northwest Bergen Regional Health Commission (NWBRHC), Cindy Risseeuw, Secretary

Wyckoff Municipal Alliance Chair in attendance: Wendy Coffey, MSW, LCSW

Absent: Richard Morski, MD, Linda Brock, RN, Donna Garbaccio, RN, and Member Emeritus: Tret Bushman, RN

Reading of the Open Public Meetings Act Work Session statement:

Cindy Risseeuw, Secretary read the Open Public Work Session statement: "This Regular Work Session Meeting of the Wyckoff Board of Health is now in session. In accordance with the Open Public Meetings Act, notice of this meeting appears on our Annual Schedule of meetings. A copy of said Annual Schedule has been posted on the Bulletin Board in Memorial Town Hall; a copy has been filed with the Municipal Clerk, The Record, The Ridgewood News and the North Jersey Herald and News – all newspapers having general circulation throughout the Township of Wyckoff. At least 48 hours prior to this meeting the Agenda thereof was similarly posted, filed and mailed to said newspapers".

Approval of January 3, 2013 Special Meeting Minutes: David Klopp, DVM, motioned and Steve Clarke, DC, seconded; remaining members present voted affirmatively.

Report of the Board of Health President:

Ms. Hertenstein met with Joy Vottera, Director of the Wyckoff Family YMCA, on February 5 regarding the Wyckoff Board of Health Blood Pressure Program. Ms. Vottera has no problem allowing Wyckoff residents to attend the existing Blood Pressure program offered at the Wyckoff Family YMCA which is provided by the Wyckoff Volunteer Ambulance Corps on the first Wednesday of every month

between 9:30-11:30 a.m. Residents do not need to be a member of the Wyckoff Family YMCA to take advantage of this program and no appointment is necessary. This program will be in lieu of the Blood Pressure program which was held the 2nd and 4th Tuesday of each month at the Wyckoff Library. This comes as a financial savings to the Township as it is no longer necessary to pay for nursing services from NWBRHC for the Blood Pressure Program. Information regarding this new program will be added to the Township website, advertised in local newspapers, and posted in Town Hall. Ms. Risseuw will send letters to existing participants of the program notifying them of the change.

Ms. Hertenstein met with Ms. Musella and Ms. Vottera regarding combining efforts to provide health education to Wyckoff residents; this will enable the Board of Health to reach a larger audience without additional expense. Planning has begun to conduct a program in May based on the theme of caring for an aging population. The Wyckoff Board of Health would like to offer health education co-sponsored by the Wyckoff Family YMCA on a quarterly basis. These programs will not be limited to Wyckoff residents.

Ms. Coffey has secured a grant for the Wyckoff Municipal Alliance which will be used to provide the program Wellness Initiative for Senior Education (WISE). This program will consist of six sessions and be co-sponsored with the Wyckoff Board of Health. The date/time and location (possibly the Wyckoff Library) are yet to be determined. Plans to promote this program will also be discussed.

The Wyckoff Senior Citizens organization has contacted Ms. Hertenstein asking if she would speak to the group at the Larkin House on a health educational topic. Ms. Hertenstein is planning a program for March 26.

The Healthy Heart Program scheduled for February 12 at the Wyckoff Library has been advertised on the Township website, e-blasted, posted in Town Hall in the Tax Collector's Office, Municipal Clerk's Office, the Tax Assessor's Office, the Building Department/Board of Health Office, the Wyckoff Family YMCA, the Community Bulletin Board in Stop & Shop, and the Wyckoff Library.

Report of the Board of Health Secretary:

None

Report of Board Members:

None

Report of the Health Officer:

Ms. Musella reviewed the NWBRHC January 2013 Activity Report (distributed and attached) as follows:

1. Ms. Musella stated that 15 mandated establishment inspections were performed; all were satisfactory with one satisfactory upon re-inspection
2. The supplies for the annual rabies vaccination program were ordered from the NJ Department of Health and picked up and delivered to the Township Municipal Clerk's office.
3. Two food related complaints were received.
4. Ms. Musella stated that two animal bites were reported.
5. NWBRHC reported one case of Pertussis was reported
6. Wyckoff Health Program – number of residents having blood pressure checked at the Wyckoff Library:
 - 01/08/13 – 10
 - 01/22/13 – 7

New and Unfinished Business:

Ms. Hertenstein would like to hold the first planning session for the October Health Fair in early March. An email will go out to Board of Health members to determine their availability. Also, Bill Van Dyk, President of the Midland Park Board of Health has expressed an interest in combining efforts into one Health Fair for Midland Park and Wyckoff. Ms. Risseeuw will contact Mr. Van Dyk regarding setting up a meeting with Ms. Hertenstein.

Ms. Hertenstein reminded members that Wyckoff Day is on June 8, 11 a.m. – 5 p.m. at the Wyckoff Family YMCA. An application needs to be completed to reserve a table for the Board of Health as well as the Wyckoff Municipal Alliance.

Steve Clarke motioned to close the Works session; seconded, Dr. Klopp; all members present voting affirmatively.

Public Session:

The guest speaker this evening was Peter Cafone, Social Work Supervisor at the Bergen County Board of Social Services with 36 years' experience with the board. In addition to Board of Health members, persons in attendance were: Charles Van Dyk, Wyckoff Police Department/Office of Emergency Management (OEM), Janet Wallendal, Wyckoff Volunteer Ambulance Corps, Joanne Daloisio, Wyckoff Volunteer Ambulance Corps, Gail Brunner, NWBRHC, Robert F. Harr, Sr., Wyckoff Seniors President, Barbara Martine, Hillsdale Board of Health, Carol Shepard, Waldwick Board of Health, and Diane Homler, Mahwah Health Department.

The Bergen County Board of Social Services (201-368-4200) in Rochelle Park is available Monday-Friday, 8:00 a.m. – 4:30 p.m. and Tuesday 8:00 a.m. – 8:00 p.m.

Mr. Cafone described the following “entitlement” programs available from Bergen County Board of Social Services (all have income/asset requirements):

1. Food Stamp Program (now in the form of Debit cards)
2. Temporary Assistance to Needy Families (TANF - previously known as Welfare; required to work, have a doctor’s note they are unable to work, or must participate in job training)
3. Medicaid Programs
4. Global Options Program (a Medicaid waiver program designed to provide programs/services to Bergen County residents to keep them out of nursing homes which helps save Medicaid dollars)
5. Medicare
6. New Jersey Family Care
7. Kid Care (private insurance plan for children without health insurance when parents are ineligible for health insurance)
8. Child Support
9. Adult Protective Services (APS)
10. Job Program

Ms. Hertenstein asked Mr. Cafone when is it appropriate to call Adult Protective Services. Ms. Hertenstein stated that the cases the Wyckoff Board of Health have encountered are usually involving Senior Citizens with no family or network for assistance. Mr. Cafone stated APS can be called in any case involving:

1. Abuse, exploitation, or neglect (including self-neglect)
2. APS does not get involved in family disputes
3. APS is not a case management program, but a crisis intervention program
4. If in doubt about whether to call APS, call (APS will do their own investigation)

APS must respond to abuse, neglect and exploitation within 72 hours. APS must respond to sexual abuse within 24 hours. APS does have rights to bank records and doctor’s records.

APS can do guardianships (only as a last resort). Client needs to be deemed incompetent by two doctors (one must be a psychiatrist).

The Bergen County Board of Senior Services and Disability (201-336-7400) in Hackensack has services available to Senior Citizens regardless of income. A screening over the telephone by Senior Services will help determine which services would best assist the client. Services are available for veterans, Meals on Wheels, Adult Day Care, Chore (assists with shopping and laundry, etc.), and Heightened Independence Program (201-996-9100) for those Seniors 65 years old and under.

Transportation is available to medical services from the Office of Senior Services, an appointment is needed, and there is no cost. Medicaid services will take you to services paid for by Medicaid. Global Options Program has transportation options for medical/non-medical needs.

There is a Bergen County Discount Program available if a resident does not have prescription coverage.

Steven Clarke motioned to close the Public session; seconded, Dr. Klopp; all members present voting affirmatively.

The Board of Health Meeting adjourned at 9:15 p.m.