

**BOARD OF HEALTH MEETING
WORK SESSION MEETING MINUTES
THURSDAY, MARCH 7, 2013**

Ms. Carol Hertenstein, President of the Board of Health called the Board of Health meeting to order at 7:30 p.m. in the second floor west wing conference room.

Ms. Hertenstein led the Pledge of Allegiance.

Members in attendance: Carol Hertenstein, RN, David Klopp, DVM, Richard Morski, MD, Steven Clarke, DC, Linda Brock, RN, Marilyn Taylor, RN

Staff in attendance: Angela Musella, Health Officer, Northwest Bergen Regional Health Commission (NWRHC), Cindy Risseeuw, Secretary

Wyckoff Municipal Alliance Chair in attendance: Wendy Coffey, MSW, LCSW

Absent: Donna Garbaccio, RN, Michael Sparozic, R.PH, and Member Emeritus: Tret Bushman, RN, Brian Scanlan, Township Committee Liaison

Reading of the Open Public Meetings Act Work Session statement:

Cindy Risseeuw, Secretary read the Open Public Work Session statement: "This Regular Work Session Meeting of the Wyckoff Board of Health is now in session. In accordance with the Open Public Meetings Act, notice of this meeting appears on our Annual Schedule of meetings. A copy of said Annual Schedule has been posted on the Bulletin Board in Memorial Town Hall; a copy has been filed with the Municipal Clerk, The Record, The Ridgewood News and the North Jersey Herald and News – all newspapers having general circulation throughout the Township of Wyckoff. At least 48 hours prior to this meeting the Agenda thereof was similarly posted, filed and mailed to said newspapers".

Approval of February 7, 2013 Special Meeting Minutes: Marilyn Taylor, RN, motioned and Linda Brock, RN, seconded; remaining members present voted affirmatively.

Report of the Board of Health President:

Ms. Hertenstein noted that the board held a special meeting on February 27 to discuss preparations for the October 5 Health Fair and Influenza Program.

Ms. Hertenstein stated that March 6 marked the first date Wyckoff residents could visit the Wyckoff YMCA to have their blood pressure checked by members of the Wyckoff Volunteer Ambulance Corp. This blood pressure screening will be

available the first Wednesday of each month between 9:30–11:30 a.m. at the Wyckoff YMCA in the main lobby (membership to the Wyckoff YMCA is not required and no appointment is required). This screening replaces the program previously held at the Wyckoff Library and the Cedar Hill Christian Reformed Church.

Ms. Hertenstein stated that the Board of Health and Wyckoff YMCA will be combining efforts to provide a health education program May 16, 7:00–9:00 p.m. at the YMCA Lakehouse entitled “Our Aging Parents – What a Caregiver Needs to Know”. The target audience is 40-60 year olds. The program format will consist of a panel including Dr. Leifer, Dr. Nanjiani, Denise Ratcliffe, Linda Witzal/geriatric pharmacist, a rehabilitation specialist from Van Dyk’s Assisted Living, an advanced practice nurse from Valley Hospital and representatives from Bergen County Cheer & Chore programs. The Wyckoff YMCA would like to potentially co-sponsor health education programs on a quarterly basis. Co-sponsorship allows the board to reach a larger audience with enhanced marketing opportunities.

Report of the Board of Health Secretary:

None

Report of Board Members:

None

Report of the Health Officer:

Ms. Musella reviewed the NWBRHC February 2013 Activity Report (distributed and attached) as follows:

1. Ms. Musella stated that 4 mandated establishment inspections were performed; all were satisfactory with one satisfactory upon re-inspection.
2. One food related complaint and two non-food related complaints were received.
3. Ms. Musella stated that zero animal bites were reported.
4. NWBRHC reported one case of Pertussis was reported.
5. NWBRHC reported two cases of Lyme disease.
6. Ms. Musella reported school immunization audits are complete for all public elementary and middle schools.

New and Unfinished Business:

Ms. Hertenstein stated that the Wyckoff Municipal Alliance chairperson, Ms. Coffey, continues to work on program preparation for the Wellness Initiative for Senior Education (WISE). Ms. Coffey and Ms. Hertenstein will present this idea to the Wyckoff Seniors group at the Larkin House to get feedback on time of day and whether this six week program should be held six consecutive weeks or spaced out over time.

Steve Clarke motioned to close the Work session; seconded, Dr. Klopp; all members present voting affirmatively.

Public Session:

Grace Tellado, a junior from Indian Hills High School, attended the Board of Health meeting. Ms. Tellado is in the Science, Medicine and Research University Program and interested in volunteer opportunities available with the Board of Health. Ms. Hertenstein stated that Wyckoff Day (June 8) and the Board of Health Health Fair (October 5) would be opportunities which Ms. Tellado and her peers could assist the Board of Health in conjunction with the Wyckoff Municipal Alliance. Ms. Tellado stated that she and her fellow students would like to address stress and mental health issues faced by high school students. Ms. Hertenstein stated this was a great opportunity for the students to work together with the Board of Health as well as the Wyckoff Municipal Alliance to prepare information for use at Wyckoff Day as well as the Health Fair. All information to be released would be reviewed by the Board of Health.

Steven Clarke motioned to close the Public session; seconded, Dr. Klopp; all members present voting affirmatively.

The Board of Health Meeting adjourned at 8:30 p.m.